# The BETWEEN

Monthly Newsletter of the Greater Milwaukee Central Office, Inc.

Welcoming Newcomers and Aiding AA Groups in Our Community.

December 2020

### Saddest Christmas Ever

By: Vance O. | Marion, N.Y.

No job, no wife, no driver's license or money. Here he was 30 days sober, in the cold, and now the AA meeting door was locked

I was just over the 30-day mark in my journey into sobriety. I'd been going to two meetings a day, sometimes three. I wanted to not drink, but I also wanted what I saw in that first meeting: People were happy and openly laughed with each other. They admitted that they were alcoholics and were not at all sad about it. It was no big deal, or so it seemed, to them.

My first AA meeting was right before Thanksgiving, my favorite holiday. I began my sobriety in Ithaca, New York, where there's a community center that hosts AA meetings three to four times a day. I pretty much would ride my bike into town and stay all day. I also attended an outpatient program that went along with my DWI arrest. I wanted to get my license back as I did not want to have to ride a bike everywhere. Winter in Ithaca is really harsh, not biking weather. I became acutely aware that driving was a privilege that I'd have to earn back.

I also experienced a yearning for the Ninth Step Promises. They were the only thing that resonated with me at that first meeting. The prospect of the Promises continued to power me forward at every meeting. I wanted what the reading promised.

It was now Christmas morning. My usual meetings were not going to be held that day. My routine had been to go to both a morning meeting and an afternoon meeting. That day, I decided to go to a meeting I hadn't attended

before.

It was held in the chapel on the Cornell University campus. I was a little early. The door was locked. I stood outside waiting. I was really cold. Self-pity took over: I had no job; my retirement money was running out; I was divorced; and my life had been ruined. Also, my fancy resume no longer made my phone ring, and I was all alone and hopeless. A bad case of "What's the use?" crept over me. I felt like just quitting everything and getting drunk. I started crying and that turned into sobbing.

It was now just before 9:00 a.m. and no one was at the chapel yet. I worried that this meeting wasn't going to take place. Where else could I go? As I cried, I got back on my bike. Then all of a sudden, a man showed up and ran quickly up the steps to the chapel. He unlocked the door and turned to me, welcoming me in. I walked in, and then another man followed me.

Turns out the two men were home group members of this meeting. One man was the secretary and the other man just wanted to come to a meeting. They both were younger than me, with families at home, and had left them to open up the AA meeting on this Christmas morning.

I stopped crying, explaining as best I could what I was feeling. They told me I was in the right place, that I was going to be OK. They said it would be a long time before I forgot this Christmas, if ever.

That was 15 years ago. They were right. I'd say that meeting at the chapel on that very cold day has, by far, been one of the most important meetings of my sobriety. Only once since have I shown up to a meeting and found no one else there. I thank God those two men showed up that Christmas morning.

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7429 W. Greenfield Ave., West Allis, WI 53214, (414) 771-9119



Visit our website at: <u>www.aamilwaukee.com</u>

December 2019

## A Bit of Cheer in a Tough Place

By: Ben L. | Cañon City, Colo.

With tape, cardboard and delicious chocolate cookies, a member helps his cellmates share a little joy

In March of 2018, Grapevine ran my article, titled "Doin' Time with Aunt Suzy." I wrote about the immense support I got from my aunt Suzy—who now has 27 years of AA experience and sobriety—while I was in prison.

I'm still doing time in prison, but the growth I've experienced from working the Steps and practicing the Traditions continues to make positive changes in my life.

I've learned that when I practice the principles of recovery, they tend to be contagious, especially in here where we spend time together in close quarters day in and day out. As I continue to work on my humility and honesty, I notice others practicing humility and honesty. It affects the lives of fellow inmates and the correctional officers around me. There's only one explanation: God working in the miraculous beautiful way he does.

One of the more powerful aspects of living life in prison is change. In here, it can feel so controlling and completely debilitating. A sense of sanity can come from having a cellmate you like or just from having your cell decorated and organized. But everything can change at a moment's notice. This was my experience this past September.

At 4:45 one morning, a beam from a flashlight hit me in the face as I was sleeping. I woke and jumped up. "What's going on?" I asked. "Pack it up, you're moving," a correction officer replied. I asked him how much time I had to pack and get dressed. His reply was overwhelming. "Thirty minutes," he said.

In a matter of 30 seconds, I learned I had just a half hour to pack all my belongings and say goodbye to what I called home for four years. One of the hardest parts of the 30 minutes was thinking of all the guys and outside volunteers of our AA group who I wouldn't get a chance to say thanks and goodbye to. I had worked so hard to get these three years of sobriety and to build meaningful relationships just for them to disappear in what seemed like a snap of a finger. Three hours later, I arrived at my new "temporary home" facility.

Change is tough. I am now in a treatment program for sex offenders—a label that I have for life, a direct result of my drinking and poor decisions I made when I was 19. I'm now 30. Gratefully, with the help of God, I've been able to slowly adapt to my new environment.

There is no grass in our little yard here. We're surrounded by walls; it's the complete opposite of my old facility. I really miss my guys and the AA volunteers back there: Dave B., Charles, Gloria, Dale, Jeff and Bart.

Gloria used to say, "For every mile of highway there are two miles of ditches. When I'm working the program, I'm on the highway; once the program falls to the side, so do I, straight into the ditch."

Here at this new prison I often feel like I'm in a desert: AA just doesn't exist. At first I tried to start AA meetings, but due to the higher security level it was denied by the administration. Change—it hasn't been easy. But God always surprises me, often when and where I least expect it.

I continue to work the program with a sponsor through the mail (thanks, Ryan!). And I also stay in touch with Aunt Suzy. In the unit here where I live, I use my experience in recovery and AA to show the guys that there is hope and that by growing in recovery, we can help others.

This past Christmas God worked his magic as I've never seen in prison before. I was struggling with depression and missing friends and family, which is so common in prison around the holidays. One of the inmates who I've struggled to accept suggested that we decorate our pod. At first it seemed like an impossible feat, getting 16 guys together to do something positive, when depression and sadness were affecting many of us. But God had plans.

Then one of the guys in my pod was sitting at a table making paper snowflakes, so I decided to join him. My plan was a six -foot Christmas tree made out of tape and paper. But before I knew it, other guys started to join us and we had a tree, ornaments and stenciled letters spelling out "Happy Holidays." It was something special that took God's help to put in place.

My favorite decoration that we made was a cardboard fireplace that had a lamp and a small fan blowing red, yellow and orange strings of yarn to look as if it were a cozy little fireplace. On Christmas morning I got to pass out chocolate cookies from the canteen with handwritten notes I'd made, all of which were "from Santa." The power of anonymity is something special.

For lunch that day we received the prison special—roast beef. And for dinner, one of the guys made everyone a burrito! It turned out to be the best Christmas I've had in years. It was even better than some Christmases I'd spent with my family back during my drinking days.

Aunt Suzy once told me that "In everything that happens, God is giving either blessings or lessons." Christmas 2018 was both for me. I learned that just because other people aren't in recovery or in AA, it doesn't mean I have to treat them differently. As the Twelfth Step says, "...we tried to carry this message to alcoholics, and to practice these principles in all our affairs."

With God's help I can carry the message, practice the principles, grow as a person and help others even when AA seems so far away. I have all the literature, and as Dave B. always says about our Big Book, "This is the repair manual to my life." But I've learned that AA is in the heart. It's always with me, even on days when I feel I'm in the great AA desert. It's up to me to carry the message in here because I don't know what God has in store or who I may help along the way.

I still miss my AA crew from my old prison home, but I also know that as I approach another holiday season in this prison, God has me right where I need to be at this very moment.

November 2019

# **Helping Others Survive the Holidays**

By: Steve H. | Minneapolis, Minn.

Staying sober—and even enjoying yourself—during the holidays

Before I came to AA, my life was without a clear focus and lacked good orderly direction. Since coming to AA, I have adopted my favorite line in the Big Book as a guiding principle in my life. That line is found on page 77 and goes like this: "Our real purpose is to fit ourselves to be of maximum service to God and the people about us." This principle goes against my old, negative nature, which was based on self, self—selfish, self-centered, self-seeking. My new, positive nature is based in my own AA experience that was brought about by applying the principles of the Twelve Steps and Twelve Traditions in my life in a practical way. The holiday sea-

son provides excellent opportunities to be of maximum service to God by being helpful to new people in AA.

The holidays can be a tricky time for the newly sober. Holidays are traditionally a time for families to get together. Many AAs,

especially newer members, have tension in their family relationships or may even be alienated from them. This can magnify the feeling of loneliness. Loneliness can lead to trouble.

Non-AA family simply don't relate to us like the AA family can. Sometimes I need to get away from my non-AA kin in order to have my attitude adjusted with the help of my AA friends. An AA meeting is a warm, comfortable, and safe place. Newcomers may need a break from family. All AA members need a place where they can feel comfortable sober.

One of the best ways I can be of service during the holidays is to share my experience, strength, and hope on an individual basis with people new to AA. Here's what I do:

- Attend meetings on holiday days.
- Keep an eye out for new people.
- Reach out to check in with them.
- o Ask them if the holidays have been a hard time for them in the past.
- o Ask if they have a plan to stay sober through the holidays.
- o Offer to help them make a plan.
- o Suggest meetings to attend.
- Know the AA activities that are planned in our area.
- Specifically invite new people to join in.
- Let them know where I'll be.
- Ask them about their plans for Thanksgiving, Christmas, and New Year's Eve.

• Invite new people to celebrate the holidays with my

family.

The AA program and fellowship are made up of powerful, life changing principles and people. I can be of service by offering hope. Hope comes from seeing people who have the same problem I have, who've found a way to

overcome it, and are willing to share the solution with me. Maybe, just maybe, if I do the things they have done it will work for me, too. It is my desire to be a conduit for this message.

This offer is valid year-round but is especially important during the holiday season. This service I can provide of being a lifeline to a newcomer may be a gift to them during the holidays, but I definitely know that it is a blessing to me. When I am doing what I believe God wants me to be doing, I feel useful and whole and there is little danger of me drinking again. Not only can we survive the holidays, we can actually even enjoy them by taking an interest in the continued sobriety of a newcomer.

## 6 Magic Years

Chad P., Grand Island, N.Y.

Before I got sober, there was a spirit I chased around the holidays, but I always seemed to miss it. It was that warm glow I saw in other peoples' faces and heard in their voices. The only way I knew how to get that glow in me was to drink. And not out of those tiny wine glasses like my mom had, but full bottles as close to bottomless as possible. I would drink to try and feel the way everyone else looked.

But it never worked out that way. I couldn't stop. I was always the one people had to keep an eye on at the holiday party, the one most likely to end up under the Christmas tree. At one gathering, hosted by my friend's mom, I thought I was the life of the party. But my friend approached me about how much I was drinking, and I never got invited back again. The holidays always left me hollow and alone.

Finally, one day grace intervened, and I stopped drinking in the late fall of 2001—but I was not going to AA. When the holidays came, I couldn't stand it. The crush of family members all wanting to know things about my life that I couldn't answer; complicated questions like "How are you?" and "What's wrong?" And there was one reminder after another of how my drinking had hurt everyone. They didn't bring it up; they didn't have to.

So on Christmas Day, I did what Scrooge threatened to make Bob Cratchit do: I went to my job. I could be alone there, and I didn't know what else to do. I felt like something was missing. I felt like I was dying.

I finally came into AA, stark raving sober, in 2003, and have enjoyed every Christmas sober since. I'm grateful I get to celebrate with a much bigger family now. I go to my meetings where we share gratitude and then we join in fellowship after. I get to talk to a newcomer who's full of hope, and with every reason to be. I get to share some of my experience and listen to some of his. It's a magnificent gift.

Because the Steps were shared with me by a series of loving sponsors, I've been given a gift that makes my holiday season pretty terrific now. I'm free. It's no longer all about me or "what do I get?" What I get are six magic words. As I pick out gifts, and as I pitch in with everyone to put Christmas dinner on the table, I now pray, "What can I do to help?"

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December 2014

## **Not My Holiday**

By: Elizabeth E. | Albuquerque, New Mexico

I was always haunted by memories of past holidays. I would avoid places where they played Christmas music. Sometimes I'd ignore my feelings and instead throw myself into Christmas music and decorations, only to fall into a deep depression after a few weeks. "Oh, not again!" I'd say. "Didn't I do this last year?"

A few years ago I found the answer of how to deal with this time of year, and it was a similar one that our co-founders discovered. I realized that I wasn't the only one who got depressed, and I started looking for ways to help my fellow alcoholics have an easier time getting through December. Imagine that, thinking of someone besides me!

I encouraged our AA group to open up earlier for fellowship and snacks. Everyone thought it was a good idea, however no one wanted to open that early, so I did it! I made coffee and brought some snacks in. I also started paying attention to what my fellows shared at our meetings. I would try to catch many of them afterward and give them a hug or a friendly smile. If they seemed to be struggling, I'd ask if they would like to go somewhere to have coffee and talk. If not—and usually it was not—at least I had asked. Before long I was not noticing "my" holidays and "my" problems.

I made a lot of meetings looking for someone to cheer up. I don't know how much it helped those I encountered, but it sure kept me content and sober through the holidays. Before I knew it, it was New Year's Eve and time for our annual alkathon!

I used to dread the torture around Thanksgiving and Christmas. Those days never felt like holidays to me. But now I'm grateful I have found the answer. May we all have a sane and sober New Year!



December 2024

### **Hope Came to Me**

By: Anthony S. | Waukesha, Wisconsin

A young alcoholic with a history of trouble with the law finds help where he least expects it

I would wake up, drink, shower, maybe drink some more and then start my day—drinking. It seemed pretty normal for a 16-year-old boy, right?

I grew up in Syracuse, New York. I was happy with my life. A loving mom, no dad, few friends. Then we moved to a small town called Hartland in Wisconsin. Nice place. Nice people. But now I had no friends and got picked on a lot. It was a wealthy area and my mother and I were not rich. People my age called me, "the poor kid" until I entered the eighth grade and became friends with the so-called tough kids. I did what I could to fit in. I went to school with a flask full of whiskey by my freshman year in high school. I got caught with alcohol multiple times. Finally my mom said, "We're just going to move."

By this time, she had married my stepdad, and he had a son, so I now had a little brother. We moved to Avondale, Arizona. I fell in love with a neighbor. She didn't like me getting drunk, so I did drugs. She didn't like that either. We were together two years before she finally left me. I was devastated, so I left and moved back to Wisconsin.

I stayed off the booze then, but not the drugs. I got into some trouble, went to jail and got put on probation. I thought, Well, no more drugs for me, and started drinking again. I then moved back to Arizona, where I stayed sober for about a week. I started becoming an angry drunk. My behavior scared my family, so they admitted me into treatment. After I got out I went home and drank right away. I went into treatment again, this time on my own, but only after I had robbed my dealer and got beaten half to death in the desert and left there.

I had heard of AA, and I'd been to an AA meeting, but I never thought anyone could relate to me. So instead I tried to stay sober on my own. At around five months of not drinking, thinking I had everything under control, I moved back to Wisconsin, where I made it another month before I screwed up and was sent back to jail.

That got my attention. It was then that I asked God for help. I went to the AA meeting here at the jail. I did remember that AA had given me some hope—and I needed that. I found out that the therapist in here gave out AA books and Grapevines. I got some books and got involved and now I host AA meetings daily in my unit. I even met a guy in here who, believe it or not, has my same story. Crazy, right? At 23 I finally joined AA.

If I had never found AA and somehow thoroughly followed a path of not drinking, I'd still be in a place of misery. Thank you, Higher Power, for giving me a sign. If it weren't for my Higher Power and AA members carrying the message to me, I don't know where I'd be.

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November 2011

## **A Thinking Problem**

By: Carrie J. | Wisconsin

Practicing the Steps freed her from the turmoil of her mind

Three months ago, I moved from the Milwaukee area to Wisconsin Dells. Recently, I celebrated three years of sobriety and owe it to the Milwaukee young people in AA, as well as my previous sponsor. I was always involved with ICYPAA and WICYPAA. I can see now that I really took the strong young people AA in Milwaukee for granted. I got too comfortable in the rooms of AA doing all the service I was ever asked to do, but never really feeling like it was a privilege.

I moved to the Wisconsin Dells to pursue a spiritual path. There were many reasons I decided to make the move, but one was because I really wanted to experience the God of my understanding. We are not allowed to drink where I live, and none of the members of my church drink, so I have completely stopped going to AA.

Like many AAs, I am too hard on myself. I spend most of my day in my head thinking about how to solve my problems, how I should act, or should have acted. I think about the guilt I feel of not doing enough or doing too much. It never ends. I spend the least amount of time being in the experience of God and AA.

At first, not going to any AA meetings seemed OK. I could relate much of my current spiritual practice to AA, and justified not attending meetings or getting a new sponsor with that. The past month has become very unmanageable—not in an outwardly sense—but in my mind. I find myself in my head thinking, figuring, solving. It's relentless and painful. The past few days, I have been analyzing all of the possible "solutions" for my mind chatter—praying more, focusing on reading spiritual texts, asking God for help, moving, getting a different job, forgetting about problematic people or situations, and then ... there it was—drinking!

I really felt that drinking would solve my thinking problem. When drinking popped into my head as a possible solution to the hell in my mind, I knew something was really wrong.

I woke up this morning, and immediately felt the pain of my mind. I made a point to read my daily readings. I asked God on my way to work this morning for help. I told him that I knew I couldn't make it through many more days like this. Life is not worth living when you feel dead already.

I got to work, and immediately felt some relief. I know my prayer was heartfelt. I humbled myself enough to really want a different alternative. My attitude finally started to shift. I happened to borrow a Grapevine from the church library, and read it as soon as I got a chance at work. Tears were falling down my cheeks every story I read. I had forgotten the complete humbling and exposure that AAs have to go through to really get this. That is where that experience of gratitude and peace come from.

I realized I need to totally give up on any idea that I can think my way out of any situation, nor solve it, nor escape the endless thoughts. That is not my job. That is God's job. This is something I could understand conceptually, but I was lacking the experience, which was the important part, the part I wanted. God can't do anything for me until I really humble myself enough to truly ask, and truly be willing to see differently.

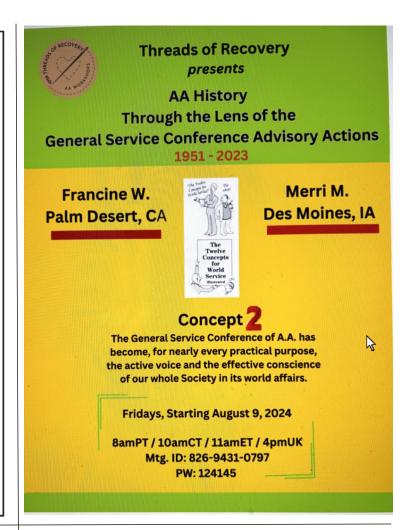


Holy Trinity Lutheran Church
11709 W. Cleveland Ave., Milwaukee

Not just for professionals but for anyone seeking sobriety and a better way of life by working the 12 steps and living well. Come share in the fellowship with us and start enjoying life again.

We meet in person and on Zoom. Meeting ID = 98178765495, Password = 071150.

Hope to see you there!!





## LGBT AA Meeting All AA members are welcome Sunday afternoons at 4pm

located in

MKE LGBT CENTER 315 W Court Street Milwaukee, WI 53212



Accessibility Lift in building and plenty of parking in lot adjacent to the building Any questions, call (414)617-1152

"Alcoholics Anonymous is a fellowship of persons who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking.





### **Friday Night Couples in Recovery**

We are Back - EVERY Friday!

We welcome couples and singles interested in applying the 12 steps to both self and relationships!

We meet <u>each Friday of the month</u> beginning April 1st and would like couples or singles working any 12 step program to join us At 7:30 pm









St. Pius Church

2520 N. Wauwatosa Ave. (76<sup>th</sup> St. )

Just north of North Ave.

(Enter the building on Wauwatosa Ave. Turn Left & up the Stairs)

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Posted Dec. 2023

#### 3 Bucks In The Basket... Make it a Reality, not just a dream!



"Every AA group ought to be fully self-supporting, declining outside contributions." Tradition Seven, Twelve Steps and Twelve Traditions,

Reprinted with permission AA World Services, Inc. Seventh Tradition Checklist

Use <u>VENMO</u> on your smartphone to contribute.



Or Contribute using **PayPal** or your **Credit Card** from our website.

#### **MILW. CENTRAL OFFICE**

E-mail us at: dan@aamilwaukee.comHours:

M - F 9 a.m. to 4:30 p.m. Sat. 9 a.m. - 12 p.m.

- Board of Directors
   Meeting, in-person.
   Wednesday following 2<sup>nd</sup>
   Tuesday (odd months)
   6:30 p.
- A. A. Meetings, Sun. at 9 a.,
   Mon.- Fri. at 12:15 p.,
   Sat. 9:15 a., & 10:30 a.
- Dist. 14 monthly meeting, 4th Wed. at 7 p.m.
- Dist. 16, monthly meeting 1st Thursday at 6:00 p.m.

#### Spanish Speaking Meetings: Meeting at English Speaking Clubs

- Pass It On Club, 6229 W. Forest Home Av, Milw. GRUPO 5 CONCEPTOS, 7:00 P.M. Saturdays, Upstairs. And Viajeros Wisconsin, 7:00 P.M. Saturdays, in lower level.
- GRUPO NUEVO AMANECER, Tri-County Unity Club, 104 N. First St, Watertown, on Tuesdays and Fridays at 7:00 PM and on Sunday at 11:00 AM
- GRUPO FE Y ESPRONZA, Gratitude Club, 295 Ruggles St.
   Fond du Lac WI on Wednesday at 7:00 PM and Sundays at 4:00 PM

#### SAFETY CARD FOR A.A. GROUPS

(The General Service Office has made this optional statement available as an A.A. service piece for those groups who wish to use it.)

#### **Suggested Statement on Safety**

Our group endeavors to provide a safe meeting place for all attendees and encourages each person here to contribute to fostering a secure and welcoming environment in which our meetings can take place. As our Traditions remind us, the formation and operation of an A.A. group resides with the group conscience. Therefore, we ask that group members and others refrain from any behavior which might compromise another person's safety.

Also, please take the precautions you feel are necessary to ensure your own personal safety, for example, walking to your car in a group after a meeting. If a situation should arise where someone feels their safety is in jeopardy, or the situation breaches the law, the individuals involved should take appropriate action. Calling the proper authorities does not go against any A.A. Traditions and is recommended when someone may have broken the law or endangered the safety of another person.

Service Material from the General Service Office

All the groups listed in our meeting directory, should be contributing regularly to the support of your <u>Central Office</u>. We want to be here when anyone reaches out for help. A big thank you to everyone, for all you do.

Need to make a group or personal contribution? Use our <u>CONTRIBUTE</u> button on our website: <u>aamilwaukee.com</u> or use our your <u>VENMO app</u> from your smartphone.

#### **Meeting Space Currently Available**

- <u>DryHootch, 4801 W National Ave.</u> Space available various time of day and evening. Call Otis W. 414-336-6576
- •West Allis Senior Center, 7001 W National Ave, West Allis WI. Call Shanon at 414-302-8717.
- •<u>Luther Memorial Church</u>, 2840 S 84th St. West Allis WI. Contact by email: <a href="mailto:prviviane28@outlook.com">prviviane28@outlook.com</a>
- •St Peter's Episcopal Church, 7929 W Lincoln Ave, West Allis, Contact: Steve 414-543-6040 or email: <a href="mailto:christume1@sbcglobal.net">christume1@sbcglobal.net</a>
- Anchor Covenant Church 1229 Park Row, Lake Geneva WI 53147, contact Laura, office@anchorcovenant.org

#### Redemptorist Retreat Cen-

ter, 1800 N Timber Trail Lane, Oconomowoc, WI 53066, (262) 567-6900 Email:

#### rrc@redemptoristretreat.org

Please call for information and schedule of retreats for recovering people. AA and Al-Anon, \$250 three nights. We discuss the 12 steps and related topics.

## 2024 Weekend Retreats Jesuit Retreat House,

4800 Fahrnwald Rd. Oshkosh, WI. WI 54901, call 800-962-7330 jesuitretreathouse.org

## Men and Women in AA, Al-Anon

Total cost: 4 days \$390.00. Send a \$75.00 deposit with requests for specific dates to retreat house or call for info.

### ZOOM MEETING NEEDS SUPPORT!

ZOOM At Noon Women's Meeting
Monday, Wednesday and Friday at 12:00 PM (Noon)
<a href="https://us02web.zoom.us/j/5877359740?">https://us02web.zoom.us/j/5877359740?</a>
<a href="pwd=RytDa2hWNWczeExqL112SjZFR2dYUT09">pwd=RytDa2hWNWczeExqL112SjZFR2dYUT09</a>

By phone, dial 312-626-6799 and enter Meeting ID #

Meeting ID: 587 735 9740 Password: 123456

### DISTRICT MEETINGS

## CORRECTIONAL INSTITUTIONS

COMPLETE DISTRICT INFORMATION ON THE WEB:

https://www.area75.org/page/districtmeetings

1. Jackson, LaCrosse, Monroe, Vernon & Trempealeau; 2 & 18 Green Lake & Marquette Counties & part of Waushara; 7. Kenosha; 17. Racine County; 8 & 30 Rock County; 9. Crawford, Grant, Iowa and LaFayette; 19 & 37. Richland & Sauk; 20, 21 & 26 Dane; 31. Columbia County; 35. Green; 37. Juneau County.

(Check the web address above for meeting info.)

- **3. MANITOWOC & SHEBOYGAN CNTY'S:** 3rd Wed. of month, 6:30 p., Even numbered months at 1907 Club, 2908 N. 21st St., Sheboygan. Odd numbered months: Alano Club, 404 S 29 St Manitowoc
- **6. WALWORTH CNTY:** 2nd Tue. 7:30 p. odd numbered months only, Walworth Alano Club, 611 E. Walworth St., Delavan
- **10.Spanish District.** Contact: Salvador G. at 414-446-0158. Meets 1st Sunday 5 p.m. 1663 S. 6th Street, Milw.
- 11. JEFFERSON CNTY: Meets last Wed. at 5:30 p.m. Moravian Church, 301 College St., Lake Mills, or Zoom: 817 4085 9820, Password: 665473
- **12. WASHINGTON CNTY:** 1st Wed. of month, 6:00 p., the Jackson Community Center N165W20330 Hickory Ln,, Jackson, WI. 53037
- 13. WAUKESHA CNTY: 2nd Sunday of month, 1:00 p, St. Matthias Church, 111 E. Main, Waukesha
- **14. MILWAUKEE CNTY:** 4th Wed. of month, 7:00 p, Milwaukee Central Office 7429 W Greenfield Ave., West Allis WI 53214
- **16. MILWAUKEE CNTY:** 1st Thursday of month, 6:00 p, Milw. Central Office, 7429 W Greenfield Ave. West Allis WI 53214
- **23. DODGE CNTY:** Last Sunday of month at 6:00 p, Dodge Cnty Alano Club, 115 N. Lincoln, Beaver Dam, call to confirm 920-583-3142
- **24. OZAUKEE CNTY:** 3rd Tue. of month, 6:30 p., Advent Lutheran Church, W63N642 Washington Ave, Cedarburg, WI 53012.
- **25. FOND du LAC CNTY:** 2nd Tue. of month, 5:30 p., Gratitude Club, 295 Ruggles St., Fond du Lac, WI.
- **27. MILWAUKEE CNTY:** 3rd Wednesday of month at 7:00 P.M., the Zoom ID number is <u>824 0616 9567</u> the password is 869 916. Covenant Lutheran Church, 8121 W Hope Ave, Milwaukee, WI 53222.
- **28. MILWAUKEE CNTY:** 2nd Thursday of month, 7:00 p, Prince of Peace Lutheran Church, 4419 S Howell Ave, Milwaukee WI 53207.
- **29. MILWAUKEE CNTY:** 1st Mon. of month, 7:00 p, Luther Memorial Church, 2840 S 84th St., West Allis, WI 53227
- **32. & 33 WAUKESHA CNTY:** 4th Tuesday of month, 6:30 p, Meeting ID: 321 751 3275, Passcode: 323232
- **34. WAUKESHA CNTY:** 1st Tues. of month, 6:30 p, Northwest Area Alano Association, N88W17658 Christman Rd., Menomonee Falls. Join online at: <a href="https://us02web.zoom.us/j/6870109941?pwd=YVI4SVQzU3FaSE1rc3dzVmtxdFM4QT09">https://us02web.zoom.us/j/6870109941?pwd=YVI4SVQzU3FaSE1rc3dzVmtxdFM4QT09</a>
- **36. RACINE/KENOSHA:** 2nd Tuesday of the month 6:00 p.m., 12 & 12 Club, 482 S Pine St., Burlington
- **38. MILWAUKEE CNTY:** Last Sunday of month 4:00 p.m. Milwaukee Group Meeting Room, 933 E Center St. Milwaukee WI 53212

#### SEND ADDITIONS AND CORRECTIONS TO:

7429 W. Greenfield Ave, West Allis, WI 53214, dan@aamilwaukee.com

Area 75, Southern WI, Calendar of Events 2025 Madison Senior Center, 330 W Mifflin St, Madison WI. 9 A.M. to Noon except where noted. 2024 Area 75 Fall Conference. Fri Nov 1st to Nov 3rd. Chula Vista Resort, Wisconsin Dells

2025 Winter Service Assembly – January 19 at the Madison Senior Center Delegates Workshop – March 9, at the Madison Senior Center Spring Service Assembly – April 6, at the Madison Senior Center Summer Service Assembly – June 22, at the Madison Senior Center International Conference – July 3-6, in Vancouver, B.C., Canada Fall Service Assembly – September 14, at the Madison Senior Center Area 75 Fall Conference – November 7-9, at Ingleside Hotel, Pewaukee, WI

In-person meetings have started back up in the Area corrections facilities. Contact Eugene "Geno" P., Area Corrections Chair by email; <a href="mailto:corrections@area75.org">corrections@area75.org</a> for information on days and times of meetings.

For meetings at Milwaukee Area Correction facilities contact: Andrew K. at 262-239-6528 or email: <a href="mailto:mccccoordinator@gmail.com">mccccoordinator@gmail.com</a>

- TAYCHEEDAH CORRECTIONAL, Fond du Lac, WI 54937
- OAK HILL CORRECTIONAL INSTITUTION: 5212 County Road M, Fitchburg, WI 53575
- WAUPUN CORRECTIONAL INSTITUTION, Waupun WI
- FOX LAKE CORRECTIONAL, Box #147, Fox Lake, WI 53933
- JEFFERSON COUNTY JAIL 411 S. Center St., Jefferson, WI,
- RACINE CORRECTIONAL INSTITUTION for MEN 2019 Wisconsin St, Sturtevant, WI 53177
- FEDERAL CORRECTIONAL Satellite Camp, Oxford, WI.
- THOMPSON FARM, RT. 2 DEERFIELD, WI.,
- ROBERT ELLSWORTH CORRECTIONAL, Union Grove, 53182
- KETTLE MORAINE CORRECTIONAL., Forrest Dr., Plymouth,
- MILWAUKEE COUNTY HOUSE OF CORRECTION, 8885 S. 68th St. Franklin WI. Emily J. by Email: <a href="mailto:mccccoordinator@gmail.com">mccccoordinator@gmail.com</a>
- MILWAUKEE COUNTY JAIL 9th & State Milwaukee WI. Emily J. by Email: mccccoordinator@gmail.com
- MILWAUKEE SECURE DETENTION, 1015 N. 10th St. Emily J. by Email: <a href="mailto:mccccoordinator@gmail.com">mccccoordinator@gmail.com</a>.
- MILWAUKEE WOMEN'S CORRECTIONAL CENTER, 615 W Keefe Ave. Emily J. by Email: <a href="mailto:mccccoordinator@gmail.com">mccccoordinator@gmail.com</a>

MILWAUKEE COUNTY CORRECTIONS COMMITTEE: meets IN-PERSON. Contact Andrew K. at 262-239-6528 or email: <a href="macccoordinator@gmail.com">mccccoordinator@gmail.com</a> for date and location. Donation can be sent to: MCCC, PO Box 270544, Milwaukee WI 53227-0544. Contact coordinator: Email: <a href="macccoordinator@gmail.com">mccccoordinator@gmail.com</a> with questions.

Corrections volunteers must go through the committee to get AA literature to take into the various facilities. Milwaukee Central Office no longer handles the funds.

#### ADDRESSES FOR YOUR INFORMATION

Milwaukee Central Office: 7429 W Greenfield Ave, West Allis, WI 53214 gmco@aamilwaukee.com

- Area 75 Treasurer: PMB #167, 5464 N Port Washington Rd., Glendale WI 53217
- General Service Office, P.O. Box 2407, James A Farley Station, New York, NY 10116-2407
- Area 75 <u>Corrections</u>, <u>Bridging the Gap</u> or <u>Treatment</u> write to: PMB # 170, 5464 N Port Washington Rd., Glendale WI 53217
- Southern Wisconsin Deaf Access Committee:
   Email: milwareadeafaccess@gmail.com; Mailto: Deaf Access Committee, P.O. Box 1982, Waukesha WI 53186

## MEETING ROOMS

#### **NEW DAY CLUB** 11936 N. Port Washington Rd Mequon, (262) 241-4673 www.newdayclub.org A.A. MEETING SCHEDULE . 8:00 a. Topic 11:00 a. Topic 5:00 p. Young People 7:30 p. Topic Mon.12:30 p. Tenth Step Gp 5:30 p. More about Alcoholism 8:15 p. Men's Gp Tue. 10:00 a. Topic 8:00 p. Big Book Gp Wed.10:00 a. Topic 2:00 p. Promises Meeting 5:30 p. Step Meeting 7:00 p. Women's Lifeline

10:30 a. Keep It Simple Thr. 10:00 a. Topic Meeting 1:00 p. Women's AA Gp 5:30 p. Topic Meeting 10:00 a. Topic Meeting 7:00 p. We. Us & Ours 7:30 a. Welcome Back Gp 10:30 a. Made Decision 5:30 p. Step/Tradition 8:00 p 10:00 a. Step Meeting 5:00 p. Fellowship of Spirit 7:00 p. Feelings 10:00 p. Young People 5:15 p. As Bill Sees It 7:00 p. Gateway Topic Gp 7:30 a. Honesty Gp. 8:00 p. Open Meeting (held on 3rd Saturday of month only) 6:30 p. Thoughts 4 Today 8:00 p. Broken Arrow 8:30 a. Early Bird AL-ANON MEETINGS Monday 6:30 p. Al-Anon
Tuesday 1:00 p. Al-Anon/ACOA
Wednesday 7:00 p. ACOA
Thursday 7:00 p. Al-Anon 10:30 a. Happy Joyous Free 7:00 p. Viajeros Wisconsin lower level 7:00 p. 5 Conceptos upstairs Contact club for information on other 8:00 p. Back to Basics 12x12 fellowships

PASS IT ON CLUB Milwaukee WI (414) 541-6923

A.A. MEETING SCHEDULE 8:00 a. Sun. Wake Up 9:30 a. Reliance Meeting 11:00 a. Today' choice 3:00 p. Gratitude Plus 7:00 p. Big Book Readers 7:30 a Jumn Start 10:30 a. First Step 4:00 p. Happy Hour Step Gp. 7:00 p. Open IntroductoryAA 7:30 a. Comir Back Gp 4:00 p. Drop the Rock 6:00 p. Key To Sobriety Women's 7:30 p. Three Legacies 7:30 p. Double Trouble DD/O 7:30 a. Big Book Study 10:30 a. Pass It On 4:00 p. Happy Hr Promises 6:00 p. Courage to Change 10:30 a. Came To Believe 6:00 p. Women's Fri. Kickoff

**LAKE AREA CLUB** N60 W 35878 Lake Di Oconomowoc, WI (262) 567-9912

A.A. MEETING SCHEDULE 8:00 a. Early Bird 9:30 a. Literature Meeting 11:00 a. Friendship Gp 6:00 p. Big Book 8:00 p. Gopher Sunday 9:00 a. Positive Attitude 6:30 p. Otter Gp 8:00 p. Step/Tradition Study

1:00 p 4:00 p. 7:00 p. Life House Beginners 10:00 a. Back To Basics 2:00 p. Women's Meeting 6:00 p.

8:00 p. 10:00 a 5:00 p. Woman's Way 12 Steps

6:00 p. Hybrid Meditation Mtng Zoom ID: 89239303536, PW: 999525 8:00 p. Grapevine Mtng 12:30 p. 4:00 p.

8:00 p. Old School House 10:00 a. Big Book OPEN AA/Al-Anon

SPEAKER MEETING
Sat. 7:00 p. 2<sup>nd</sup> & 4<sup>th</sup> Saturdays
(AA and/or Al-Anon Speakers)

AL-ANON MEETINGS 7:00 p. Al-Anon 9:00 a. Al-Anon

Wed. 7:00 p. Al-Anon & Alateen **WAUKESHA ALANO CLUB** 

318 W. Broadway Waukesha, WI, 262-549-6541

http://alanoclubofwaukesha.com/

(IP)=In-person,

Sun. 9:30 a. Sun Morn Sunlight (IP) 11:00 a. Sun Go-To-Mtng (IP)

Mon. 12:00 p. (IP) 6:00 p. Beginners AA (IP) 7:00 p. (12 & 12) (IP)

Tue. 12:00 p. Wed Nooners (IP) 5:30 p. Topic Gp (IP) Thr. 12:00 p. Nooners (IP) 12:00 p. T.G.I.F. Gp (IP) Fri.

6:30 p. Half Measurers (IP) 6:00 a. Early Morning (IP) Sat. 10:00 a. Gp 124 (IP)

> OPEN MEETINGS. **DANCES & EVENTS** Call for information.

West Allis, (414) 543-2448

Hours: 9am to 9pm daily.

4:30 p. Drop the Rock 6/7 Step

8:00 a. Eye Opener AA Gp.

10:00 a. Grass Roots (Steps)

6:00 p. Restore Us To Sanity

7:30 p. Sun. Sober & Serene

5:45 p. Gp 132, Women's Gp

Mon. 11:00 a. Winner's Circle

7:00 p. Big Book Gp.

8:00 p. New Hope Gp

10:30 P. What's the Point Gp. Tue. 11:00 a. Willingness Group

Wed.10:00 a. Foundations Meeting

6:00 p. AA Beginners Gp.

8:00 p. Promises Group

Thr. 10:00 a. But For Grace Of God

7:00 p. Women's Freedom

6:00 p. Here and Now 8:00 p. How To Get It Going

6:00 p. Tue Topic 6pm Gp

8:00 p. New Hope Meeting

**GALANO CLUB** 

LGBT & All in Recovery 7210 W Greenfield Ave LL Milwaukee, WI 53214,414-276-6936 http://www.galanoclub.org/

(V)=Virtual, (IP)=In-person, (V & IP)=Both In Person and Phone Meetings Phone/ Video AA Meetings, Call (978) 990-5195 Meeting Id: galano7210 Code: 1919178#

Sunday: (V & IP) 10:30 a.m. - AA - Step / Topic Meeting (In-person/phone/video)

10:30 a.m. - Al-Anon -Papillion Group Sunday: (V & IP) 4:00 p.m. - AA - Personal lead & Daily Reflections. Meeting (In-person/

phone/video) Monday: (V & IP) 7:30 p.m. - AA "Came to Believe" 12

Spirituality. (In-person/phone/video) **Tuesday:** (V & IP) 6:00 p.m. - AA Over and Under 40

Group (In-person/phone/video)

Thursday: (V & IP) 7:30 p.m. - AA - Living Sober One Day at A Time In-person & Phone/video

Friday: (V & IP) 10:30 a.m. AA Step & Topic

Saturday: (V & IP) 7:30 p.m. - AA - Big Book & More. (Inperson/Phone/video) The Galano Club is open one half hour

before the scheduled meetings.

#### **NORTHWEST AREA** ALANO ASSOCIATION\*

N88 W17658 Christman Rd Menomonee Falls WI 53051 (No Phone)

#### Room 202

#### A.A. MEETING SCHEDULE

(V)=Virtual, (IP)=In-person, (V & IP)=Both 10:00 a. Big Book Rm 202 7:00 p. Sun Night Gp Rm 202

7:00 p. Just Do It Gp Rm 202 Mon.

10:00 a. Step 8:00 p. Topic

7:00 p. Step/Topic Wed.

10:00 a. Step

6:00 p. Women's

Fri. 8:00 p. Step/Topic (V & IP)

Sat 10:00 a. Sat Serenity Gp

7:00 p. Simply Sober Gp Rm 202

#### AL-ANON MEETINGS

Wed. 7:00 p. Al-Anon 7:30 p. Al-Anon

\*This is a Smoke-Free environment. We have ample meeting space available for 12 Step groups, Contact the Northwest Alano Club by mail.

#### WALWORTH **COUNTY ALANO CLUB**

611 Walworth St. (Hwy. 50 & 11) Delavan, WI 53115. (262) 740-1888

#### Sunday AA

10:00 a. Primitive Group 12:00 p. Open Speakers 6:30 p. Delavan Discussion

#### Monday AA

7:30 a. Sunny Side Up 12:00 p. Delavan Step Meeting 6:30 p. Delavan Meeting

#### Tuesday AA 7:30 a. Sunny Side Up

12:00 p. Delayan Noon Gp. 6:30 p. Delavan 12 Step Topic Wednesday AA

#### 7:30 a. Sunny Side Up

12:00 p. As Bill Sees It Gp. 6:30 p. Delavan IT Meeting Thursday AA

7:30 a. Sunny Side Up 12:00 p. Delavan Noon Gp 6:30 p. Delavan Big Book Gp.

#### Friday AA

7:30 a. Sunny Side Up 12:00 p. Big Book Study 6:30 p. Delavan Discussion

#### Saturday AA

7:30 a. Sunny Side Up 12:00 p. Delavan Noon Gp 6:30 p. Delavan Beginners Gp.

#### **ALANO CLUB**

1521 N. Prospect Ave., Milwaukee, WI, 53202 (414) 278-9102

#### A.A. MEETING SCHEDULE

7:00 a. AA Express Mtng 7:45 a. AA Big Book/Discussion 10:00 a. Gp 17 Step Mon. 7:00 a. Early Morning 10:30 a. Gp 72 Topic 12:15 p. Gp 76 Lunch Bunch

6:30 p. Gp 40 Big Book Tue. 7:00 a. As Bill Sees It.

10:30 a. Gp 70 Step 12:15 p. Gp 76 Lunch Bunch 7:00 p. Beginner's Meeting

#### Wed. 7:00 a. AA 10:30 a. Gp 9, Step 12:15 p. Gp 76 Lunch Bunch

6:00 p. Chicks at Six Gp, women, Child Care available

7:30 p. We Agnostics 7:00 a. Thr Express Mtng

10:30 a. Gp 97, Step 12:15 p. Gp 76 Lunch Bunch 7:00 p. AA (LGBT)

7:00 a. Daily Reflections 10:30 a. Gp 21, Step 12:15 p. Gp 76 Lunch Bunch

6:30 p. Here & Now 7:30 p. Men's Zoom Mtng. 12:15 am. Second Shifters (Sat.) 7:00 a. AA Meeting

11:00 a. Gp 87 Step 7:30 p. Open AA Speaker

AL-ANON MEETING Sunday 10:00 a. Al-Anon

6:00 a. Early Risers Big Book 11:00 a. Priority Group 6:00 p. Big Book Friday 8:00 p. R.U.S. For Us

11:00 p. Candlelight Promises

9:15 a. Men's Topic 11:00 a. Pioneers Group 3:00 p. Spiritual Growth 6:00 p. 1st & 12 Topic 8:00 p. Open Speaker 3rd Sat 8:00 p. HOW To Saturday

#### H.O.W. TO CLUB 8930 W. National Ave **24 HOUR CLUB**

153 Green Bay Rd. Thiensville, WI

Web and Facebook Info

#### A.A. MEETING SCHEDULE

8:00 a. Topic

10:00 a. Step/Topic Mon. 6:30 a. Topic

10:00 a. Topic

8:00 p. Men's

6:30 a. Topic

10:00 a. Step/Topic

5:30 p. Big Book

6:30 a. Topic Wed.

10:00 a. Big Book

6:30 a. Topic

10:00 a. Topic

5:30 p. Step/Topic/Trad

6:30 a. Topic

10:00 a. Step/12 & 12 8:00 p. Step

6:30 a. Topic 8:30 a. Big Book /Steps 10:00 a. Big Book 8:00 p. Open Speaker Mtng. (1<sup>st</sup> Saturday Only)

#### In Person AA Groups NEED YOUR SUPPORT

- Sun. 7 p.m. Waukesha Sunday Night Beginner's, Ascension Lutheran Church, 1415 Dopp St, Waukesha WI
- Sun. 7 p.m. Butler Sunday Night, St. Agnes, 12801 W Fairmount St, Butler WI.
- Mon. 7 p.m. Unity Gp, 4600 Pilgrim Rd, Brookfield, WI
- Mon. 7 p.m. Group 232, Mother of Good Counsel, 6924 W. Lisbon Ave, Milwaukee, WI 53226
- Wed. 8:00 p.m. Helping Hand, Nativity Lutheran Church, 6905 W Bluemound Rd, Milwaukee WI
- Thur. 12:15 p.m. Jeanette Burnett Gp, St John's Cathedral Complex, 831 N Van Buren, Milwaukee WI
- Thurs. 8:00 p.m. Grateful Gp. Chabad House, 3030 E Kenwood Blvd, Milwaukee, WI
- Thurs. 8:30 p.m. Gp 22, Underwood Memorial Baptist, 1916 Wauwatosa Ave,
- Fri. 9:30 p.m. Big Book, Martin Luther Church 9235 W Bluemound Rd. Milw.
- Sat. 8 p.m. Gp 18, St Luke's, 3200 S Herman, Bay View, WI

## MEETING ROOMS

#### **UNITY CLUB** 1715 Creek Rd West Bend, (262) 338-3500

unityclub1715@att.net www.facebook.com

#### AA MFFTING SCHEDULF

Sun. 10:30 a.\* Gratitude Gp. 8:00 p. Candlelight Gp.

Mon. 10:00 a. Monday A.M. 7:00 p. Men's 7:00 p. Women's

Tue. 10:00 a. Tuesday A.M. 6:00 p. More About 12&12 7:30 p. Beginner's

Wed. 10:00 a. Promises 1:00 p. Steps/Promises 5:00 p. Happy Hour Gp In-person & Zoom: 332602852, pw: 123456

Thr. 10:00 a. Big Book

10:00 a. Step/Topic Gp Fri. 6:00 p. Big Book

10:00 a. Here & Now 700 p. Big Book Connection

#### AL-ANON & ALATEEN MTNGS

9:00 a. Al-Anon 7:15 p. Al-Anon Thursday

Open Mtng. 3rd Sunday of month

#### FRIENDSHIP CLUB

2245 W. Fond du Lac Ave Milwaukee, WI (414) 931-7033

Fmail:

friendshipinc@sbcglobal.net

#### AA MEETING SCHEDULE

#### Sunday

10:00 a. Friendship 11:00 a. Third Sunday Open Meeting

#### Monday

10:30 a. Step Gp

Tuesday

7:00 p. Gp 43 Big Book Saturday

10:30 a. Gp 112 Step Call for information on other types of meetings.

Email:

friendshipinc@sbcglobal.net

#### TRI-COUNTY UNITY CLUB

110 S 2nd St. Watertown WI www.tricountyunityclub.com Sunday 11:00 a. Big Book Study

6:30 p. New Beginners 7:00 p. Spanish Nuevo Amanecer Monday 10:00 a. Eye Opener Grp. 7:00 p. As Bill Sees It

Tuesday 7:00 p. Keep It Simple 7:00 p. Spanish Nuevo Amanecer Wednesday 10:00 a. New Freedom 7:00 p. Lost In Woods (Women) Thursday 10:00 a. Thur. Morning

7:00 p. Spanish Nuevo Amanecer 8:00 p. Big Book Group Friday 4:30 p. Friday Happy Hour

7:00 p. Reality Check

Saturday 10:00 a. Morning Group 8:00 p. Saturday Night Open Mtng

#### **BEAVER DAM ALANO CLUB**

115 N Lincoln St. Beaver Dam WI 53916

Sun: 10:30 a.m. & 7 p.m. Mon: 8 a.m., 6 p.m. & 8 p.m. Tue: 9:30 a.m. & 7:30 p.m. Wed: 8 a.m. & 7 p.m.

Thur: 9:30 a.m. & 8 p.m. Fri: 12 Noon & 6 p.m. Sat: 12 Noon & 7 p.m. Open

#### **MILWAUKEE GROUP** Center St, Milw WI 53212. A.A. MEETINGS 933 E

10:00 a In-person 8:30 p. In-Person Sun. 5:30 p. In-Person Mon.

7:00 p. In-Person 8:30 p. In-Person

Tue.

7:00 p. In-Person

8:30 p. In-Person Wed. 5:30 p. Zoom https://zoom.us/j/8974697046 pw:0 7:00 p. In-Person Wed.

8:30 p. In-Person

Thur. 7:00 p. In-Person 8:30 p. In-Person 7:00 p. In-Person Fri.

30 p. In-Person Sat. 8:30 p. In-Person

#### Milwaukee Central Office

7429 W Greenfield West Allis WI 414-771-9119

A.A. MEETINGS Sun. 9:00 a. Gp 10 Sunday Mon. 12:15 p.

Tue. 12:15 p. Wed. 12:15 p. Thur. 12:15 p.

Fri. 12:15 p Sat. 9:15 a. 1st Step 10:30 a.

We do not meet on major holidays.

#### LIGHTHOUSE ON DEWEY

1220 Dewey Ave. Wauwatosa WI

#### **AA MEETINGS**

#### Sunday

6:00 p. Jim's First Step 7:30 p. Gp 78 Great Room Monday

7:30 p. Laughs/Leisure

#### Tuesday

6:00 p. 11th Step Meditation 7:30 p. Professionals

#### Wednesday

7:30 p. Presidents Hall 8:00 p. "RES-IPSA"

#### Thursday

7:30 p. Alumni No 12 Friday 7:15 p. Gp 74 Saturday 10:00 a. Gp 59

#### All Saint's Cathedral

818 E Juneau Ave. Milw 53202

Sun: 7:00 p.m. Bench Meeting Mon: 7:30 p.m. #08 Sane & Sober Tue: 10:30 a.m. Men's Gp.

Wed: 7:30 p.m. Men's Gp. Fri: 7:30 p.m. Big Book Gp.

Sat: 10:30 a.m. Men's Gp.

#### JOIN the BIRTHDAY CLUB!

We celebrate birthdays, and we'd like to help you celebrate yours! Send us a contribution of \$1 for each year of Sobriety- or more if you choose- and we'll print your birthday in the Between-Us Newsletter. Include your Home Group, and we'll print that also!

Requests should be in by the 24th of the month prior to your sobriety date. Late arrivals will appear the following month.

Just fill in the form below and mail, with your contribution, to:

Payable to: "Greater Milwaukee Central Office" Memo: Birthday Club

7429 W Greenfield Ave West Allis WI 53214



enclosed.

I will have years on

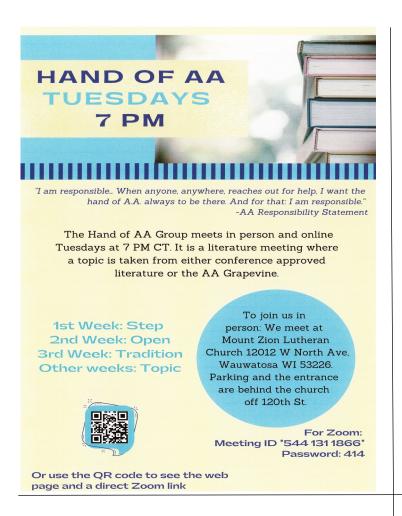
Name Address

City State Zip

Phone: ( ) Email:

Home Group:

Home Group Years Name 12 (12/27/2012) Robert (Bob) J. Group 59, Sat. Morning 4 (12/21/2020) Stephanie S. K. Group 59, Sat. Morning



GRATITUDE GROUP TUESDAY 7:30PM ST. LUKE'S EPISCOPAL CHURCH 3200 S. HERMAN ST. BAY VIEW



WE GRATEFULLY NEED YOUR SUPPORT!
COME AND CHECK US OUT

**Financial News:** Please remember our tradition of <u>self-support</u>. If you wish to contribute to the Central Office, you can now use <u>Venmo</u> from your smartphone.

### @MilwaukeeCentralOffice-AA

...0785 are the last four digits of the phone number associated with the Venmo account. (You may be asked for these numbers)
If you don't use Venmo or PayPal, you can always come visit us at the Central Office or mail a check.

Use QR Code To Contribute Using VENMO



## NEW MEETING ANNOUCEMENT The Next Frontier: Emotional Sobriety

After we quit drinking, we face various challenges inherent in living sober. Bill Wilson identified that "dependency" was an impediment to our emotional sobriety and maturity. He realized that emotional dependency on people, places and things was the source of his emotional and mental distress, in fact he identified this as his basic flaw. This new meeting focuses on discussing issues relating to our emotional sobriety. We come together to explore ways we can overcome our emotional dependency and the unreasonable expectations and unenforceable rules that our dependency generates. *Are you ready for the next frontier?* 

Join us Thursday nights for a closed discussion meeting on emotional sobriety.

When: Thursdays @ 7pm

Where: St. John's Lutheran Church, 20275 Davidson Rd, Brookfield WI



WHEN:

**Saturday,** December 14, 2024, 10:30 A.M. – 12:30 P.M.

**Short Open Meeting, at 11 A.M.** 

AA Speaker: Stephanie S. K.

## WHERE:

**Milwaukee Central Office** 

7429 West Greenfield Ave, West Allis, WI 53214

Shop and Enjoy 10% off all Non-AA Conference approved books and gifts, on Dec. 14<sup>th</sup> when you join us for our Open House.

REFRESHMENTS \* REFRESHMENTS \*
More REFRESHMENTS

Welcoming Newcomers and Aiding
AA Groups In Our Community

COME AND
EXPLORE THE
MILWAUKEE
CENTRAL
OFFICE

MEET YOUR BOARD OF DIRECTORS

GREET YOUR FRIENDLY OFFICE STAFF

ENJOY THE FEL-LOWSHIP & EAT THE FREE FOOD

SUGGESTIONS TO IMPROVE AA IN THE COMMUNITY ENCOURAGED